

Intimate Image Abuse Predominantly Impacts Women In The UK.

How Can You Support Your Community?

- Stay calm and listen carefully so people feel safe speaking to you.
- Believe them and reassure them that what happened is not their fault.
- Avoid judgmental questions or comments about why images were shared.
- Remind them that consensually sharing intimate images is not a crime.
- Make clear that threatening to share or sharing intimate images without consent is illegal in the UK.
- Encourage them not to respond to or engage with the person harming them.
- Help them save evidence, such as messages, usernames, or screenshots.
- Offer to support them in reporting the abuse to platforms, support services, or the police if they choose.
- Respect their decisions and allow them to take control of what happens next.
- Check in with them afterwards, as ongoing support can make a big difference.

Your response matters - supportive communities help protect women and challenge abuse.

The Revenge Porn Helpline is here to support everyone impacted by intimate image abuse.



help@revengepornhelpline.org.uk